

Twin Peaks 15/10/06 - 7 miles; 900ft climbing

Overall Position	Name	Category	M/F?	Age	Club	Time
1	Robin Sedman-Smith	Senior men	M	28	Telford AC	44.52
2	Stephan Gilliland	V/40	M	47	Bro Dysynni AC	47.23
3	Michael Davies	Senior men	M	37	UWA Harriers	48.08
4	Andrew Dziemian	Senior men	M	27	UWA Harriers	48.48
5	Les Hewitson	V/40	M	42	Ingli Runners	48.59
6	Iwan Edgar	V/50	M	50	U/A	51.59
7	Paul scullion	V/40	M	43	Aberystwyth AC	52.42
8	Jos Jones	Senior men	M	29	Bro Dysynni AC	53.25
9	David Yanez	Senior men	M	32	UWA Harriers	53.35
10	Geoff Oldrid	V/50	M	51	Aberystwyth AC	53.42
11	Phoebe Webster	Senior Lady	F	23	Aberystwyth Harriers	53.43
12	Caedmon Gould	Senior men	M	21	UWA Harriers	53.46
13	David Powell	V/40	M	46	Aberystwyth AC	53.48
14	John Snett	V/40	M	49	Pembrokeshire Harriers	53.49
15	Walter Marsh	V/50	M	56	Bro Dysynni AC	54.51
16	Philip Rogers	Senior men	M	22	UWA Harriers	55.15
17	Lynn Green	V/45 Ladies	F	48	Ingli Runners	55.17
18	Matthew Stadley	Senior men	M	20	UWA Harriers	55.29
19	Dylan Davies	Senior men	M	27	U/A	55.31
20	Mike Palmer	Senior men	M	36	Bro Dysynni	55.58
21	James Kzrkwood	Senior men	M	19	UWA Harriers	56.25
22	Anni Hanhatalo	Senior Lady	F	30	UWA Harriers	57.04
23	Mark Steiler	V/40	M	45	Aberystwyth AC	57.15
24	Michael Barrat	V/40	M	43	AGS	57.23
25	Alban Jones	V/50	M	56	Bro Dysynni AC	57.31
26	Ian Evans	Senior men	M	27	Aberystwyth AC	57.35
27	Malcolm Harvey	Senior men	M	22	UWA Harriers	57.42
28	Kevin Hamilton	V/40	M	42	Merionnydd RC	57.52
29	John Evans	V/60	M	60	Abeystwyth AC	58.02
30	George Sutton	Senior men	M	18	U/A	58.07
31	Andrea Goode	V/35 Lady	F	36	Merionnydd RC	58.10
32	Alec Rees	Senior men	M	19	Hallamshire arriers	58.18
33	Glyn Lewis	Senior men	M	47	Bro Dysynni AC	58.28
34	Jeremy Brett	Senior men	M	40	U/A	58.31
35	Tom Russel	Senior men	M	25	U/A	58.37
36	Louise Barker	Senior Lady	F	31	Aberystwyth AC	58.42
37	James Davies	V/50	M	54	U/A	59.01
38	Catherine Walkely	Senior Lady	F	28	UWA Harriers	59.11
39	Antal Sandor	Senior men	M	37	UWA Harriers	59.46
40	Dai Roberts	V/40	M	46	Aberystwyth AC	59.54
41	Henry Drake	V/50	M	56	U/A	60.12
42	Martyn Saycell	Senior men	M	33	Aberystwyth AC	60.19
43	David Evans	?	M	?	U/A	60.31
44	Grahame Stringer	V/40	M	40	Merionnydd RC	60.35
45	Nick Bradley	V/50	M	51	Merionnydd RC	60.46
46	Steve Bland	Senior men	M	18	UWA Harriers	60.49
47	Geraint Evans	V/40	M	45	Aberystwyth AC	60.59
48	Arwel Price	V/40	M	48	Cerist Tri Club	61.04

49	Jason Protheroe	V/40	M	48	U/A	61.38
50	Paul Edwards	V/40	M	47	Pembrokeshire Harriers	61.53
51	Tony Wenlock	V/50	M	52	Aberystwyth AC	62.30
52	Adriano Evola	V/40	M	48	Aberystwyth AC	62.30
53	Frankie Vaughan	V/50	M	50	Merionnydd RC	62.46
54	Anita Saycell	Senior Lady	F	27	Aberystwyth AC	63.02
55	Ray Vautier	V/50	M	55	Castle Point Joggers	63.02
56	Gareth Jones	V/40	M	40	Sarn Helen	63.18
57	Jeff Saycell	Senior men	M	36	U/A	63.35
58	Delor Harvey	V/35 Lady	F	39	Aberystwyth AC	63.42
59	Edward Farren	Senior men	M	19	UWA Triathlon	63.46
60	Helen Marshall	Senior Lady	F	27	Aberystwyth AC	63.47
61	Malcolm Leitch	V/50	M	52	U/A	63.53
62	Elizabeth Steiler	Senior Lady	F	32	Aberystwyth AC	64.03
63	Kate O'Sullivan	V/35 Lady	F	42	U/A	64.35
64	Peter Garson	V/40	M	40	U/A	65.07
65	Wil Troughton	V/40	M	45	Aberystwyth AC	65.12
66	Steffan Roberts	Senior men	M	27	U/A	65.13
67	Kate Hovers	V/45 Ladies	F	46	Brecon AC	66.07
68	Celia Speake	V/35 Lady	F	38	U/A	66.18
69	Jeremy Brett	V/40	M	40	U/A	67.56
70	Patrick Cowdy	V/40	M	44	U/A	68.19
71	Kim Williams	Senior Lady	F	33	U/A	68.35
72	Robert Hatch	Senior men	M	23	U/A	68.49
73	Helen Williams	Senior Lady	F	44	Aberystwyth AC	69.00
74	Gwenllian Parry	V/35 Lady	F	36	Aberystwyth AC	69.13
75	Brian Ashton	V/50	M	55	Aberystwyth AC	69.58
76	Margaret Roberts	V/35 Lady	F	43	Merionnydd RC	70.56
77	Rachel Tod	V/35 Lady	F	36	U/A	71.03
78	Peter Stocks	V/50	M	57	U/A	73.26
79	Karen Williams	Senior Lady	F	34	Aberystwyth AC	75.00
80	John Williams	V/50	M	54	Cerist Tri Club	76.43
81	Luke Robinson	Senior men	M	19	U/A	78.33
82	Annwen James	V/35 Lady	F	41	Aberystwyth AC	79.56
83	Carys Prytherch	V/35 Lady	F	38	Aberystwyth AC	79.56
84	Gudrin Jones	V/45 Ladies	F	49	Sarn Helen	80.52
85	Sue Ginley	V/35 Lady	F	43	Aberystwyth AC	80.58
86	Julie Anne- Sutherland	V/45 Ladies	F	48	UWA Harriers	81.06
87	Marjorie Griffiths	V/60 lady	F	61	Bro Dysynni	81.52
88	Richard Warner	Senior men	M	37	U/A	84.23
89	Laura Nairne	Senior Lady	F	26	Aberystwyth AC	86.36
90	Keith Rasor	Senior men	M	21	U/A	95.09
91	Alison Jones	V/45 Ladies	F	54	Aberystwyth AC	98.25
92	Tom Evans	V/80 men	M	84	Bro Dysynni	112.18