

Position	FirstName	SecondName	ClubName	RaceTime	Category
1	David	Bruce		01:50:21	MSEN
2	Rob	Johnson	Aberystwyth AC	01:50:35	M40
3	Dafydd	Davies		01:50:40	MSEN
4	Adrian	Harvey		01:51:02	MSEN
5	Dave	Powell	Aberystwyth AC	01:51:07	M50
6	Balazs	Pinter	Aberystwyth AC	01:51:11	M40
7	James	Thomas		01:51:31	M40
8	Rhys	Harries		01:51:53	MSEN
9	Jimmy	Carter	Meirionnydd RC	01:52:09	M40
10	Patrick	Finney	Aberystwyth AC	01:55:01	M50
11	Richard	Anthony	Aberystwyth AC	01:55:53	M40
12	Jessica	Bruce		01:56:57	F35
13	David	Roberts		01:57:18	M40
14	Carwyn	Henson		02:03:03	MSEN
15	Nick	Read		02:04:10	M40
16	Steffan	Evans		02:04:11	MSEN
17	Geraint	Davies		02:04:27	MSEN
18	Dafydd	Davies		02:04:29	MSEN
19	Chris	Sandison		02:05:14	M40
20	Duane	Roberts	DDTM	02:05:14	M50
21	Rhys	Thomas		02:05:15	M40
22	Ieuan	Joyce		02:06:46	M40
23	Judith	Oakley		02:06:53	F45
24	Andrew	Bowen		02:07:58	M40
25	Bradley	Gurney	Mercia Fell Runners	02:08:28	M40
26	Mark	Savage	Team Bath AC	02:09:38	M40
27	Damian	Sidnell	Aberystwyth AC	02:12:51	M50
28	Ian	Hoskins	Gorseinon RR	02:13:21	M40
29	Gary	Thapa	Cerist Tri Club	02:15:20	M40
30	Christian	prynne	Builth & District	02:18:48	M40
31	Ruby	Bye		02:19:07	FSEN
32	Daniel	Johnson	Aberystwyth AC	02:19:31	MSEN
33	Tasmin	Leighton	Aberystwyth AC	02:19:49	FSEN
34	Menna	Evans	Tri Performance Lab	02:20:31	F35
35	Laura	Guillaume	Aberystwyth AC	02:22:59	F35
36	David	Manuel	Abermule	02:23:42	M40
37	Lizzie	Cockle	Maldwyn Harriers	02:23:57	FSEN
38	Yvonne	Brown		02:24:04	F55
39	Shelley	Thomas		02:24:45	F35
40	Diane	Heyder-Bruckner	Aberystwyth AC	02:25:48	FSEN
41	Will	Lerigo		02:27:21	MSEN
42	Theresa	Sharland	Aberystwyth AC	02:28:06	FSEN
43	Kyra	Kirkham		02:29:02	F35
44	Barry	Owen	Emlyn Flyers	02:29:03	M40

45	Tomasz	Kuropatwinski		02:29:41	MSEN
46	Aase	Bergen		02:29:41	FSEN
47	Tony	Davies	Rhayader RC	02:29:49	M50
48	Chris	Berry		02:30:29	MSEN
49	Neal	Alexander		02:30:29	MSEN
50	Gavin	Goodwin		02:30:30	M40
51	Rachel	Cutter		02:31:04	F35
52	Clive	Williams	Aberystwyth AC	02:33:40	M60
53	Stuart	Wilkins		02:33:40	M40
54	Cecilia	Harman		02:34:03	F35
55	Desirre	Lubran		02:34:14	F35
56	Lina	Verseckaite	Aberystwyth AC	02:35:17	F35
57	Cameron	Pope	Aberystwyth AC	02:35:30	M60
58	Emily	Foot		02:36:06	F35
59	Elizabeth	Kensler	Aberystwyth AC	02:36:36	F45
60	Rachel	Butler	Maldwyn Harriers	02:36:39	F55
61	Lottie	Vaughan		02:37:46	FSEN
62	Rachael	Whitfield		02:39:27	F45
63	David	Chapman		02:40:41	M50
64	Danny	Crowley		02:41:18	M50
65	Freya	Pryce		02:42:44	FSEN
66	Samuel	Morris		02:44:10	MSEN
67	Michael	Mullins	Cardigan RC	02:44:10	MSEN
68	Simon	French		02:44:44	M40
69	Ian	Harris		02:45:10	MSEN
70	Jane	Bailey	Aberystwyth AC	02:45:11	F55
71	Thomas	Morris		02:45:34	MSEN
72	Craig	West		02:45:35	MSEN
73	Philip	Lowther	Aberystwyth AC	02:45:37	M50
74	Pamela	Carter	Sarn Helen	02:45:38	F35
75	Peter	Hinxman	Aberystwyth AC	02:45:54	M50
76	Christiane	Kloos	Aberystwyth AC	02:46:15	F45
77	Cara	Ashworth	Aberystwyth AC	02:46:47	F35
78	Elena	Blackmore		02:46:51	FSEN
79	Kyle	Donnachie		02:46:51	MSEN
80	Indrè	Jakaitytè		02:47:12	FSEN
81	Claire	Seckington	Winslow Warriors	02:49:03	F35
82	Jill	Hillman		02:49:47	F55
83	Huw	Morris		02:50:20	M50
84	Paul	Gilbertson	Liverpool RC	02:50:36	M40
85	Claire	Bishop	Betsi Runaways	02:51:22	F35
86	Heather	Crump	Aberystwyth AC	02:52:46	FSEN
87	Clare	Checkley		02:53:19	F35
88	Natalie	Bass		02:55:36	F45
89	Laura	Morris		02:56:10	FSEN

90	Simon	Cox		03:00:22	M50
91	Sharon	Trivett		03:02:05	F45
92	Gemma	Hewitt		03:02:06	F35
93	Annie	Cragg		03:06:19	F45
94	Claire	Thapa	Cerist Tri Club	03:06:23	F45
95	Barry	Richards		03:07:12	M40
96	Tom	Francis		03:07:17	MSEN
97	Clive	Evans		03:09:04	M70
98	Lainy	Harrison	Aberystwyth AC	03:12:05	FSEN
99	Suzanne	Sheppard	Dolly Mixtures	03:14:02	F45
100	Rachel	Jerman		03:14:03	FSEN
101	Catherine	Howarth	Aberystwyth AC	03:15:02	F55
102	hannah	sefton		03:16:05	FSEN
103	Victoria	Peel		03:16:06	FSEN
104	Cheryl	Morris		03:24:16	F45
105	Carol	Gittins		03:24:18	F45
106	Jan	Shanahan		03:24:25	F45
107	Louise	Simpson	Southend AC	04:42:50	FSEN
108	Richard	Moore	Castle Point Joggers	04:42:50	M40

PositionInCat

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