

<b>ABERYSTWYTH 10K RACE 2001</b>					
	<b>NUMBER</b>	<b>TIME</b>	<b>name</b>	<b>club</b>	<b>team</b>
1	556	33:50	Sion Meredith	U/A	
2	593	34:17	Andrew Abbott	Sarn Helen	
3	337	34:19	Richard Jones	Telford A.C.	
4	580	34:30	Lew Hewitson	Cardigan Runners	
5	351	34:49	Paul Rose	Cardigan Runners	
6	553	35:40	Jonathan Couch	U/A	Aber Uni Staff
7	571	35:42	Dai Roberts	Aber Athletic Club	
8	552	35:54	Clifford Evans	Aberystwyth University	Aber Uni Staff
9	548	36:07	Martin Powell		Aber Uni Staff
10	583	36:39	Malcolm Adams		
11	606	36:49	Haydn Lloyd	Sarn Helen	
12	376	36:53	Barry Wilson	Ludlow Runners	
13	602	37:16	Tristan Evans	Bro Dysynni	
14	611	37:18	David Warren	Cardigan R.C.	
15	579	37:39	Keith Green	Tipton Harriers	
16	575	37:46	Andy Sanderson	Bro Dysynni	
17	538	38:03	David Anders	UWA Harriers	
18	608	38:05	Lyn Rees	Sarn Helen	
19	568	38:07	Calvin Williams	Sarn Helen	
20	587	38:48	Jamie Davies	Telford Athletic	
21	601	38:50	Hywel Wyn Jones	Aman Valley Harriers	
22	510	39:01	Dawn Kenwright	Sarn Helen	
23	215	39:25	Peter Crowther	Northern Veteran AC	
24	582	39:38	John Sinnett	Pembs Harriers	
25	358	39:50	Dave Thomas		
26	603	39:51	Debbi Phillips	Pembs Harriers	
27	624	40:02	Simon Langley		
28	371	40:03	Richard Thornton	UWA Harriers	
29	377	40:04	David Lewis		
30	367	40:14	Alex Gallagher		
31	378	40:16	Terry Simpson	Rhayadr RC	
32	336	40:20	Gwyn Jones	Eryri Harriers	
33	565	40:29	Angus Smith		
34	527	40:34	Tony Hodgson		
35	375	40:41	Richard Griffiths		
36	533	40:41	Samual Blackmore		
37	570	41:04	Ffion Morgan		
38	524	41:06	Cyril Walters		
39	604	41:08	Jonathan Phillips	Pembs Harriers	
40	581	41:13	Lynn Green	Cardigan Runners	
41	539	41:18	Clive Evans	Amman Valley Harriers	
42	530	41:33	Andrew Parry		
43	572	41:34	Hugh Harrison	Bro Dysynni	
44	588	41:36	John Evans	Aber A.C.	
45	517	41:39	Kevin Phillips		
46	558	41:45	Gareth Jones		
47	590	41:49	Dafydd Dylan	Aber A.C.	
48	612	41:53	Catherine Walkely		Aber Rugby Club
49	528	42:00	Aled Evans		
50	357	42:00	Malcolm Taylor		
51	557	42:00	Phillip Jackson		
52	537	42:06	Mark Anthony Mistry		

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53	564	42:11	James Thomas		
54	596	42:38	Iuan Andre Davies		Aber Rugby Club
55	626	42:38	Andrew Cotterill		
56	549	42:45	Neil Howells		
57	561	43:00	Chris Walter		
58	563	43:03	Gareth Renshaw	Cardigan R C	
59	250	43:10	Roddy Evans		
60	598	43:11	Laura Makin	Cardigan R C	
61	534	43:13	Kevin Holland	Aber A.C.	
62	584	43:15	Debbi Evans	Bro Dysynni	
63	362	43:17	Lottie Wood		
64	594	43:18	Neil Collendge		
65	505	43:25	Barry Stanley		
66	546	43:26	Gareth Roberts		Police
67	547	43:28	Mark Bergmanski		
68	382	43:32	Kevin Bryan		
69	111	43:33	Kevin Ashford		
70	516	43:50	Huw Forster	Cardigan RC	
71	349	43:59	Trefor Pugh	Newtown RC	
72	398	44:03	Brian Healey	Cardigan RC	
73	566	44:04	Mathew Harris		
74	511	44:16	Sean Mathews	UWA	
75	531	44:23	Keith Holdies		
76	599	44:37	Alex Gribby	Cardigan RC	
77	620	44:45	Stephen Scheops		
78	529	45:12	Dylan Jones		
79	595	45:20	Sion Williams		
80	607	45:20	Graham Stringer	Bro Dysynni	
81	614	45:23	Malcolm Leiten		
82	379	45:33	Robert Whittington		
83	396	45:43	William Henry Drake		
84	532	45:47	Anita Vautier		
85	381	45:50	Martin Saycell		
86	592	45:50	Charlie Wood	Pembs Harriers	
87	390	45:33	Ifor Jones		
88	515	45:58	Simon Hoadley		
89	577	46:19	Dewi Morgans		
90	578	46:23	Simeon Jenkins		
91	573	46:23	Simon Coustantine		
92	591	46:38	David James	Aber A C	
93	399	46:44	Peter Smith		
94	597	46:48	Gwylim Jones		
95	625	46:59	Marc Thayre		
96	569	46:59	Tom Morgan		
97	394	47:00	Kate Evans		
98	567	47:08	Marcus Prydie		
99	372	47:11	Robyn Mason		Police
100	391	47:24	Adrian Henchly	Rhayadr RC	
101	214	47:29	Gary Cowdrill		
102	613	47:30	Matthew Collingborn		Aber Rugby Club
103	574	47:38	Shan Cuthbert	Cardigan	
104	363	47:43	Ernie Wykes	Cerist Tri	
105	629	47:44	Gavin Jones		Aber Rugby Club
106	346	47:53	Kaye Phillips		Aber Rugby Club
107	15	47:53	Adam Antoszkiv		

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108	393	48:02	Emma Smith		
109	400	48:08	Euros Edwards		
110	342	48:38	Charles Moss		
111	536	48:56	Leo Kivitar		
112	512	49:03	Huw James		
113	609	49:04	Rhodri Richards		
114	610	49:08	David Jenkinson		
115	354	49:08	Mike Sherman		
116	589	49:24	Gareth Elliot	Pembs Harriers	
117	514	49:42	Malcolm Maskell		
118	617	49:48	Gwion James	Aber Rugby Club	
119	618	49:50	Rhys Thomas		
120	262	49:54	John Hayes		
121	261	49:55	Anthony Hayes		
122	220	50:01	Rebecca Edwards	Cardigan Running Club	
123	359	50:01	Duncan Thomas		
124	384	50:04	Malcolm Matthews		
125	334	50:04	Brenda Jones	Bro Dysynni	
126	338	50:08	Sheila Jones	Bro Dysynni	
127	627	50:08	Alexander Anickin		
128	295	50:45	Caroline John		
129	560	50:53	Janice Campbell		
130	559	50:54	Katy Dootson	Pembs Tri Club	
131	605	51:00	Aled Williams		
132	540	51:00	Jeremy Lloyd		Aber Police
133	360	51:02	Owen Thomas		
134	352	51:17	Isabel Ross		
135	535	51:51	Brian Griffiths		Aber Police
136	551	52:12	John Pasco	Brackla Harriers	
137	550	52:17	Gary Pasco	Brackla Harriers	
138	560	52:29	Janice Campbell		
139	623	52:29	Trefor Jones	Dysynni	
140	504	52:43	Marjory Griffiths	Bro Dysynni	
141	339	53:13	Uta Kohn		
142	562	53:13	Charles Moss		
143	555	53:16	Samantha Turton		
144	554	54:14	Tom Crook		
145	507	54:42	Adam Jeff		
146	619	54:42	Eifion Robinson		
147	585	54:42	Christine Eggerton		
148	586	54:42	Paul Priem		
149	345	54:56	Roy Peel	Bro Dysynni	
150	521	54:57	Steven Mears		Lampeter Police
151	519	55:21	Stephen Lee		Lampeter Police
152	520	56:17	Jules Evans		Lampeter Police
153	389	56:17	Christina Santos	Rhayader RC	
154	621	56:17	Ruth Morris		
155	503	56:25	Sarah Lane		
156	248	56:29	Goronwy Evans		
157	615	56:36	Paul Cooke		
158	265	56:37	Mark James		
159	356	56:42	Cliff Spooner		
160	207	58:04	Amanda Binks		
161	370	58:50	Gwyn Davies		
162	355	59:00	Louise Smith		

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163	509	60:22	Sarah Davies		
164	388	60:48	Norman Moore		
165	387	61:04	Janine Blackmore		
166	374	62:25	Eirlys Griffiths		
167	513	62:25	Eleri Maskell		
168	385	63:52	Frances Henegan		
169	383	65:06	Helen Jones	Sarn Helen	
170	386	67:32	Dafydd Morgan	Sarn Helen	
171	395	67:32	Mark Piken		
172	628	67:34	Sian Tofu		
173	364	68:41	Jill Davies		HSBC
174	347	69:05	Katherine Prickett		
175	525	69:17	Lena Wiethegar		
176	622	69:21	Rebecca Brewster-Liddle		
177	365	70:45	Michelle Harries		HSBC
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