

## MILLENNIUM 10k RACE RESULTS – 19 DECEMBER 1999

Position	Name	Club	Time	Category
1	Richard Szade, Ebbw Vale	Newport	30:52 (Record)	
2	Robin Sedmansmith, Aberystwyth	UWA	33:45	
3	Paul Rose, Newcastle Emlyn	Cardigan	33:55	
4	Andrew Abbott, Dihewyd	Sarn Helen	34:27	
5	Paul Harrison, Aberystwyth	UWA	35:09	
6	Les Hewitson, Llangrannog	Ingli Runners	35:11	
7	Haydn Jones, Welshpool	Welshpool	35:17	
8	Sam Holt, Pontrhydygroes	UWA	35:21	
9	Eric Rees, Talgarreg	Sarn Helen	36:31	
10	Matthew Clarke, Aberystwyth		36:37	
11	Evan Williams, Llanfyrnach		36:42	
12	Clifford Evans, Aberystwyth	UWA	36:51	1 <sup>st</sup> V40 (M)
13	Dylan Davies, Pontsian		37:39	
14	Lyn Rees, Cwrtnewydd	Sarn Helen	37:40	1 <sup>st</sup> V45 (M)
15	David Buck, Newcastle Emlyn		37:52	
16	John Morris, Wolverhampton		37:54	1 <sup>st</sup> V50 (M)
17	John Dryden, Garches, France		37:56	2 <sup>nd</sup> V50 (M)
18	Tony Hall, Lampeter	Sarn Helen	38:06	2 <sup>nd</sup> V40 (M)
19	Stephen Davies, Port Talbot		38:07	
20	Jones Hywel Wyn, Ammanford		38:09	
21	David Hayball, Pembroke Dock		38:12	
22	Ian Williams, Llanfyrnach		38:19	
23	Haydn Lloyd, Llanybydder	Sarn Helen	38:29	
24	Gary Davidson, Aberystwyth		38:52	
25	David Hughes, Aberystwyth		38:53	
26	Jamie Biggs, Lampeter		39:11	
27	Malcolm Taylor, Criccieth		39:21	1 <sup>st</sup> V55 (M)
28	Steve Orrells, Newtown		39:23	2 <sup>nd</sup> V45 (M)
29	Andrew Lewin, Hornchurch		39:33	
30	Peter Crowther, Llanrhystud		39:51	V45 (M)
31	Peter Canter, Aberystwyth		40:30	V45 (M)
32	John Evans, Llanon	Aber AC	40:34	3 <sup>rd</sup> V50 (M)
33	Andrew Thomas, Morrison		40:50	
34	Dave Dean, Bournemouth		41:37	V45 (M)
35	Ann Richards, Capel Dewi		41:51	1 <sup>st</sup> (F)
36	Paul Scullion, Waunfawr	Aber AC	42:00	
37	Danny Evans, Rhydyfelin	Aber AC	42:11	
38	Glynis Davis, Synod Inn		42:13	2 <sup>nd</sup> (F)
39	Gary Exton, Huddersfield		42:24	
40	Peter Dennis, Llanon		42:44	
41	Adam Joseph, Tenby		42:46	
42	Kevin Ashford, Aberystwyth		43:15	
43	Lucy Thomas, Penparcau		43:26	3 <sup>rd</sup> (F)
44	Lynn Green, Llangrannog	Ingli Runners	43:32	1 <sup>st</sup> V40 (F)
45	Clinton Holt, Aberystwyth		44:22	
46	Gareth Davies, Aberystwyth	Aber AC	44:24	
47	Nigel Long, Aberystwyth		44:24	
48	Cliff Bates, Aberystwyth		44:26	
49	Gareth Williams, Aberystwyth		44:28	
50	Kirsty Roberts, Aberystwyth		44:47	
51	David Rosser, Ammanford		45:12	1 <sup>st</sup> V60 (M)

<b>Position</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>	<b>Category</b>
52	Jane Buck, Llandysul	Cardigan AC	45:16	
53	John Shaw, Aberystwyth		45:33	
54	Christopher Simpson, Aberystwyth		46:07	V50 (M)
55	John Tyrrell, Aberystwyth		46:19	
56	Richard Morgan, Llanilar		47:12	
57	Michel Cannieux, Aberystwyth		47:13	
58	Charles Moss, Borth		47:14	3 <sup>rd</sup> V40 (M)
59	Colin Jackson, Llandre		47:15	
60	Gwenda Roberts, Llanilar		47:25	2 <sup>nd</sup> V40 (F)
61	Robert Harding, Wolverhampton		47:33	V45 (M)
62	Wendy Davies, Llanybydder		47:37	
63	Dominic Vickers, Llanddewi Brefi		48:35	
64	Aled Prys Williams, Machynlleth		50:11	
65	Brian Mills, Leominster		51:35	V40 (M)
66	Rachel Haddock, Aberystwyth		52:07	3 <sup>rd</sup> V35 (F)
67	Judith Morgan, Llanilar		52:21	
68	Alicia Moss, Borth		52:30	1 <sup>st</sup> V40 (F)
69	Les Hughes, Welshpool		52:44	2 <sup>nd</sup> V60 (M)
70	Eddie Warren, Cardigan		53:27	
71	Raymon De Bell, Machynlleth		53:44	
72	Susan Headley, Denbigh		53:49	1 <sup>st</sup> V50 (F)
73	Ceri Broughall, Llanfyllin		53:52	V40 (F)
74	Alan Pearce, Welshpool		54:01	V40 (M)
75	Sue Evans, Aberystwyth		54:31	V35 (F)
76	Roddy Evans, Aberystwyth		54:32	V40 (M)
77	John Pascoe, Bridgend		54:41	3 <sup>rd</sup> V60 (M)
78	Ruth Morris, Aberffrw'd		54:44	1 <sup>st</sup> V45 (F)
79	Kathryn Gray, Temple Bar		54:58	
80	Alison Greeley, Llanbadarn Fawr		55:24	
81	Nadine Johnston, Penrhyncoch		55:58	
82	Daniel Thomas, Llangeitho		58:38	
83	Megan Jenkins, Llanfarian		59:24	
84	Richard Lilwall, Swindon		59:25	
85	Fiona Scullion, Waunfawr		61:05	2 <sup>nd</sup> V40 (F)
86	Nicola Jackson, Waunfawr		61:07	
87	Julie Norris, Aberystwyth		61:21	
88	Jane Morris, Aberystwyth		61:21	
89	Roger Bennett, Bow Street		65:54	
90	Suzanne Penny, Bronant		65:54	
91	Roz Norris, Llanon		66:15	2 <sup>nd</sup> V50 (F)
92	Stanley Butler, Bridgnorth		66:15	V45 (M)